

## OUR NEEDS

### ① Food

#### I. Answer the following questions.

1. Foods like wheat, rice, dhal (pulses), eggs, milk, oils and sugar give us energy.
2. Milk, cheese, eggs, fish and meat are good for bones and muscles.
3. Green vegetables, leafy vegetables, carrots, tomatoes and fruits keep us healthy.
4. Balanced diet consists of all types of food in required quantities and is good for health. So, we should eat balanced diet.
5. I take food 3 times in a day. Morning breakfast, afternoon lunch and night dinner.

#### II. Fill in the blanks.

1. regular      2. dinner (or) supper      3. clean, fresh

#### III. Write Yes or No.

1. No              2. Yes              3. Yes              4. Yes

## 2 Clothes

### Exercise

#### I. Answer the following questions.

1. We wear clothes to cover our body and to protect it from rain, heat and cold.
2. We should wear woollen clothes in winter.
3. Silk cloth is made from silkworms.
4. Weavers weave clothes.

#### II. Tick the correct word.

1. sheep    2. silkworms    3. synthetic fibre    4. clean

## 3 Our Home

### Exercise

#### I. Answer the following questions.

1. We need a house for shelter. House protects us from heat, rain and cold.
2. Multistoreyed flats are found in cities.
3. A pucca house is built with bricks, stones and cement.
4. A mason is one who lays the bricks and builds the walls.
5. The carpenter makes the doors, windows and other furniture for the house.

#### II. Fill in the blanks.

1. villages    2. electrician    3. slopy    4. rain    5. architect

#### IV. Write Yes or No.

1. Yes    2. Yes    3. No    4. Yes    5. No



4. Schools having classes up to 5th are called primary schools.

5. Schools having classes up to 10th are called secondary schools.

**II. Write True or False.**

1. False    2. False    3. True    4. True

**III. Match the following.**

1. c    2. d    3. e    4. b    5. a

## 6 The Post Office

### Exercise

**I. Answer the following questions.**

1. Postman delivers letters to us.
2. We should post the letters in the postbox.
3. We can send money to a person through money order living in another place.
4. Telegrams are sent for giving urgent messages.
5. The letters are sent by aeroplane or train or bus to other places.

**II. Fill in the blanks.**

1. red    2. postbox    3. money order    4. deposit    5. postman

**III. Write the missing letters.**

1. telegram    2. envelope    3. aeroplane  
4. parcel    5. letter    6. stamp

## 7 Other Services in the Neighbourhood

### Exercise

#### I. Answer the following questions.

1. We go to a market to buy our requirements.
2. Medicines are sold in medical shops.
3. Traffic policemen controls the traffic on the road.
4. The firemen put out the fire with the help of fire engine.
5. A tailor stitches our clothes.

#### II. Fill in the blanks.

1. Market    2. Traffic constable    3. Tailor    4. Laundry

## 8 Places of Worship

### Exercise

#### I. Answer the following questions.

1. Hindus go to temples to worship.
2. Muslims worship at Mosques.
3. The Bible is the holy book of the Christians.
4. Sikhs worship at Gurudwara.
5. I worship at .....

#### II. Fill in the blanks.

1. Mantras    2. temples    3. Guru Grandh Sahib  
4. Christians

# OUR FESTIVALS

## 9 Our National Festivals

### Exercise

#### I. Answer the following questions:

1. India became independent on 15th August, 1947.
2. The Indian Constitution came into force on 26th January, 1950.
3. Gandhiji was born on 2nd October, 1869.
4. Rajghat is in Delhi.
5. Our Prime Minister unfurls the National Flag on 15th August at Red Fort.

#### II. Fill in the blanks.

1. national festivals    2. Samadhi    3. Gandhi    4. 26th January

#### III. Write True or False.

1. True    2. False    3. False    4. False

## 10 Religious Festivals - I

### Exercise

#### I. Answer the following questions:

1. Ganesh is worshipped on Ganesh Chaturthi.
2. Durga Puja is celebrated in Bengal during Dussehra.
3. Goddess Lakshmi is worshipped during Diwali.
4. In Andhra Pradesh Pongal is known as Sankranti.

#### II. Fill in the missing letters.

1. festival      2. celebration      3. crackers      4. kathakali

## 11 Religious Festivals - II

### Exercise

#### I. Answer the following questions:

1. Muslims fast from sunrise to sunset during Ramzan month.
2. Muslims greet each other by saying 'Id Mubarak'.
3. Christmas is celebrated on 25th December.
4. Birthdays of the Gurus are celebrated as Guruparvas by the Sikhs.

#### II. Fill in the blanks.

1. Churches and houses of Christians      2. Langar  
3. Ramzan      4. Guru Grandh Sahib

#### III. Match the following.

1. c

2. a

3. b

4. d

# RECREATION

## 12 Recreation

### Exercise

#### I. Answer the following questions:

1. To enjoy for sometime and to become fresh again is called recreation.
2. Recreation makes us fresh, happy and active.
3. Watching T.V. playing indoor games, singing songs, reading comic books are the four ways of indoor recreation.
4. Going to the parks, zoo, picnic, circus, cinema etc., are the places where we can have outdoor recreation.

#### II. Fill in the blanks.

1. T.V.      2. zoo      3. fresh      4. outdoor

#### III. Write Yes or No.

1. Yes    2. No    3. No    4. Yes    5. No

# TRAVEL

## 13 Directions

### Exercise

#### I. Answer the following questions.

1. Sun rises in the East.
2. To go to any place we should know directions.

3. We need maps to locate the position of different places.
4. Upper portion is called North and lower portion is South.
5. North, East, West, South are the four main directions.

## II. Fill in the blanks.

1. four   2. East   3. North   4. East   5. South

# 14 Means of Transport

## Exercise

### I. Answer the following questions.

1. Train, bus and other vehicles by which we travel are called the means of transport.
2. Train, bus, ship, aeroplane are the means of transport used for long distances.
3. Aeroplane is the fastest means of transport.
4. Ships and boats are used to transport goods on rivers and seas.
5. Bullock carts are used for transport in villages.
6. Elephant is used to carry logs in forests.

### II. Fill in the blanks.

1. cart   2. bus   3. autorickshaw   4. camel

### III. Write Yes or No.

1. No   2. No   3. No   4. Yes   5. No

## 15 Safety on Roads

### Exercise

#### I. Answer the following questions.

1. We should follow traffic rules for our safety.
2. We should walk on the left side of the road.
3. We should cross the road at zebra crossing.

#### II. Fill in the blanks.

1. traffic    2. dangerous    3. footpath    4. safety

## Early Man

### 16 Invention of Wheel

#### Exercise

##### I. Answer the following questions.

1. The early man carried goods by men and animals before the invention of the wheel.
2. Sledge was like a cart without wheels, which drags the loads.
3. Wheel was invented by chance.
4. Wheel helped the early man to carry loads easily and quickly from one place to another.

##### II. Fill in the blanks.

1. sledges    2. invention    3. machines    4. pots

##### III. Write True or False.

1. True    2. False    3. False    4. True    5. False

##### IV. Match the following.

1. e            2. a            3. b            4. c            5. d

## Our World

### 17 Types of Land

#### Exercise

##### I. Answer the following questions.

1. Globe is a model of the earth.

2. Highlands are called hills and very highlands are called mountains.
3. The lowland which is flat is called a plain.
4. The land which is covered with sand is called a desert.

## II. Fill in the blanks.

1. three      2. mountains      3. plain      4. plateau

# 18 Water Around Us

## Exercise

### I. Answer the following questions.

1. Three - fourths of the earth is covered by water.
2. We require water for drinking, cooking, washing and bathing.
3. Rain is the main source of water for the earth.
4. Ocean is a big sea.

### II. Write Yes or No.

1. No      2. Yes      3. No      4. Yes      5. No

# 19 Seasons

## Exercise

### I. Answer the following questions.

1. In India we have mainly three seasons. They are : Summer, Rainy and Winter seasons.
2. As the weather changes the seasons also change.
3. The cool winds which blow from the seas are called monsoon winds.

4. November to January are called winter months.

**II. Fill in the blanks.**

1. Weather    2. Air    3. Monsoon    4. Summer

**III. Write True or False.**

1. False    2. True    3. False    4. False

**20 Time**

**Exercise**

**I. Answer the following questions.**

1. We find the sun over our head at midday.
2. The day starts with the rising of the sun.
3. The night starts with sunset.
4. 12 O' clock in the night is called midnight.
5. People used to see the sun to know time when there were no clocks or watches.

**II. Write the missing letters.**

1. time    2. noon    3. morning    4. evening

**IV. Mark (✓) for correct statements and (×) for wrong statements.**

1. ×    2. ×    3. ✓    4. ✓

## STORIES FROM THE PAST

### 21 Concentration

#### Exercise

##### I. Answer the following questions.

1. Dronacharya was the Guru of Kauravas and Pandavas.
2. There were 5 Pandavas.
3. Duryodhana was the elder brother of Kauravas.
4. Arjuna was the third brother of Pandavas.
5. Concentration is necessary for success.

##### II. Fill in the blanks.

1. Kauravas    2. Dronacharya    3. archery    4. eldest    5. eye

##### III. Match the following.

1. c    2. d    3. b    4. e    5. a

### 22 A Real Friend

#### Exercise

##### I. Answer the following questions.

1. Sudama was the childhood friend of Krishna.
2. Sudama went to Dwaraka to ask Krishna to help him.
3. Lord Krishna helped Sudama to live happily by giving him all the riches and beautiful palace to live in.

##### II. Fill in the blanks.

1. Dwaraka    2. childhood    3. small hut

## 23 Siddhartha's Kindness

### Exercise

#### I. Answer the following questions.

1. The early name of Lord Buddha was Siddhartha.
2. Devadatta was the friend of Siddhartha.
3. Devadatta shot down the bird with his arrow.
4. Lord Buddha preached that "Do not injure any living thing".

#### II. Fill in the blanks.

1. Devadatta

2. Siddhartha