

Syllabus :

Term 3 - Text Book

Term 3 - SMCW

Time : 2 1/2 Hours]

[Max. Marks : 50

Name :

Class :

Section :

Roll No.

Summative Assessment

(10 x 2 =20)

I. Answer the following questions.

1. What gives shape and support to our body ?

Ans.
.....

2. Which is the longest bone in our body ?

Ans.
.....

3. Which food group is called the body building food ?

Ans.
.....

4. Why do we need food ?

Ans.
.....

5. What should we do before crossing a road ?

Ans.
.....

6. Where do you find sloping roof houses ?

Ans.
.....

Note : Cut along with the marking to avoid uneven cutting or torn.



7. What is special about a houseboat ?

Ans.
.....

8. What should we do if a person gets hurts ?

Ans.
.....

9. Which part of our body has no bones ?

Ans.
.....

10. Why should we do exercise ?

Ans.
.....

Formative Assessment

(5 x 1 = 5)

II. Choose the correct answer.

- | | |
|---|---------|
| 1. Number of bones present in an adult | () |
| a) 350 b) 306 c) 206 | |
| 2. This is a protein. | () |
| a) rice b) potato c) meat | |
| 3. The Eskimos live in | () |
| a) caravans b) igloos c) houseboats | |
| 4. Cement is used in the construction of | () |
| a) kachcha houses b) pucca houses c) houseboats | |
| 5. Fibre is present in | () |
| a) butter b) oils c) vegetables | |

(5 x 1 = 5)



III. Fill in the blanks with the words given in the box.

[vitamins skin bones foot path house]

1. We all need a _____ to live in.
2. _____ help us to keep our body healthy.
3. Bones and muscles are covered with _____.
4. Walk only on the _____.
5. Muscles are attached to the _____.

(6 x 1 = 6)

IV. Write 'True' or 'False'.

1. We should follow traffic rules. ()
2. Bones and muscles work separately. ()
3. It is not good to go to swim alone. ()
4. We should tease stray animals. ()
5. Hut is made of cement. ()
6. Our body works all the time. ()

(4 x 1 = 4)

V. Match the following.

A

B

- | | | |
|-----------------------|-----|------------------|
| 1. Dal and nuts | [] | a) fats |
| 2. Cabbage and tomato | [] | b) carbohydrates |
| 3. Cheese and ghee | [] | c) proteins |
| 4. Rice and chapattis | [] | d) vegetables |

Note : Cut along with the marking to avoid uneven cutting or torn.



VI. Mark (✓) against Correct pictures an (✗) against Wrong pictures.


