



Name :

Class :

Section :

Roll No.

• Formative Assessment

Part - A

(10 x 3 = 30)

I. Answer the following questions.

1. What is the function of the brain ?
2. What are the different systems present in our body ?
3. What are the functions of the excretory system ?
4. Why do we need food ?
5. Why are fruits and vegetables called protective foods ?
6. What are the different kinds of teeth ?
7. How do teeth help us ?
8. What happens if children get diarrhoea frequently ?
9. What should we do after defecation ?
10. How should garbage be disposed of ?

II. Answer any One of the following questions.

(1 x 8 = 8)

1. Write about the Excretory system.
2. Write about the Circulatory System.

III. Answer any One of the following questions.

(1 x 8 = 8)

1. Write about energy giving foods.
2. Write about Body – building foods.

IV. Answer any One of the following questions.

(1 x 8 = 8)

1. Precautions to be taken before cooking.
2. Write good food habits.

Note : Cut along with the marking to avoid uneven cutting or torn.



V. Answer any One of the following questions.

(1 x 6 = 6)

1. Draw the figure of a tooth.
2. Draw the figure of the circulatory system.



Name :

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Part - B

(10 x 1 = 10)

I. Choose the correct answer and write its letter in the brackets.

- We have _____ sense organs. ()
a) Three b) Four c) Five
- Lungs belong to ()
a) Circulatory System b) Skeletal System c) Excretory System
- Which one of the following is an excretory organ ? ()
a) Heart b) Brain c) Skin
- Green leafy vegetables are ()
a) Protein rich foods b) Carbohydrates c) Protective foods
- Milk is a ()
a) Carbohydrate b) Protein c) Complete food
- Pulses are good sources of ()
a) Carbohydrates b) Fats c) Proteins
- Milk teeth appear at the age of ()
a) 12 months b) 24 months c) 6 months
- A new born child has ()
a) No teeth b) 20 teeth c) 32 teeth
- Front teeth help us in ()
a) Cutting b) Tearing c) Grinding
- Malaria is caused by ()
a) Flies b) Mosquitoes c) Germs

Note : Cut along with the marking to avoid uneven cutting or torn.



(10 x 1 = 10)

II. Fill in the blanks with suitable words.

1. _____ are the main organs of the excretory system.
2. Body – building materials are _____ .
3. Do not eat _____ fruits.
4. Teeth used for tearing food are called _____ .
5. Cooking makes the food _____ .
6. _____ organs tell us about the world.
7. The best place to defecate is a _____ .
8. We should not _____ in the open.
9. Stagnant water is a good breeding place for _____ .
10. _____ and bones together help us to move.

(10 x 1 = 10)

III. Write ('T') for True statement and ('F') for False statements.

1. We do not feel tired after working. ()
2. Permanent set consists of 26 teeth. ()
3. Washing vegetables before cooking is good. ()
4. Cereals and oils do not give us energy. ()
5. Flies spread diseases like cholera and typhoid. ()
6. Garbage should be kept in covered dustbins. ()
7. Lungs belong to skeletal system. ()
8. Teeth help us to speak properly. ()
9. The human body is a wonderful machine. ()
10. Milk is a complete food. ()

(10 x 1 = 10)

IV. Match the following.

GROUP – A

- | A | | B |
|--------------------------|----------|---------------------|
| 1. Proteins | () | a) complete food |
| 2. Vitamins and minerals | () | b) body building |
| 3. Carbohydrates | () | c) protective foods |
| 4. Milk | () | d) coarse grains |
| 5. Roughages | () | e) give energy |

GROUP – B

- | A | | B |
|----------------|----------|------------------------------|
| 1. Diarrhoea | () | a) godliness |
| 2. Flies | () | b) must be dusted |
| 3. Cleanliness | () | c) hinders children's growth |
| 4. Cobwebs | () | d) spread malaria |
| 5. Mosquitoes | () | e) uncovered food |
