



# FORMATIVE ASSESSMENT - IV

25

Max. Marks : 25

Lotus Rainbow Semester Book

**Class -1 : SEMESTER - II : Science**

**Syllabus:**  
Lessons - 4,6  
Time : 1 Hour

Name : ..... Sec : ..... Roll No: .....

**A. Short Answer Type Questions. (2 x 2 = 4)**

1) Write any four body parts other than sense organs.

.....  
.....

2) Name some protective-food.

.....  
.....

**B. Very Short Answer Type Questions. (2 x 1 = 2)**

1) How many hours should we sleep at night ?

.....

2) How many bones are there in our body ?

.....

**C. Fill in the blanks with the help of words given in the box. (4 x 1 = 4)**

<b>fruits</b>	<b>vegetables</b>	<b>eat and chew</b>	<b>integral</b>
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1) Food is an important and \_\_\_\_\_ part of our daily life.

2) We should eat green \_\_\_\_\_

3) We should \_\_\_\_\_ our food slowly.

4) We should eat fresh \_\_\_\_\_ to stay healthy.

Note : Cut along with the marking to avoid uneven cutting or torn.

**D. Write 'T' for true and 'F' for false statements.**

**(3 x 1 = 3)**

1. We can listen to the radio by using our tongue. [      ]
2. We should play outdoor games with our friends. [      ]
3. Egg, meat and fish are not body-buildings food. [      ]

**E. Tick ( ✓ ) the correct answers.**

**(3 x 1 = 3)**

1. How much percent of water does our body consist of ?

- |           |                          |           |                          |
|-----------|--------------------------|-----------|--------------------------|
| i) 70 %   | <input type="checkbox"/> | ii) 80 %  | <input type="checkbox"/> |
| iii) 90 % | <input type="checkbox"/> | iv) 100 % | <input type="checkbox"/> |

2. Why should we take healthy food ?

- |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|
| i) to stay fit           | <input type="checkbox"/> | ii) to stay dirty        | <input type="checkbox"/> |
| iii) to sleep in morning | <input type="checkbox"/> | iv) to play indoor games | <input type="checkbox"/> |

3. Which one of the following gives shape and support to us ?

- |                    |                          |                   |                          |
|--------------------|--------------------------|-------------------|--------------------------|
| i) bones           | <input type="checkbox"/> | ii) muscles       | <input type="checkbox"/> |
| iii) both of these | <input type="checkbox"/> | iv) none of these | <input type="checkbox"/> |

**F. Give two examples of each one of the following.**

**(2 x 2 = 4)**

1. Body-building food :

\_\_\_\_\_

2. Energy-giving food :

\_\_\_\_\_

**G. Match the following.**

**(5 x 1 = 5)**

**A**

**B**

- |           |       |
|-----------|-------|
| 1. skin   | hear  |
| 2. tongue | feel  |
| 3. nose   | taste |
| 4. eyes   | smell |
| 5. ears   | see   |

