



# FORMATIVE ASSESSMENT - IV

Lotus Rainbow Semester Book



Max. Marks : 25

**Syllabus:**

3 - 5 Lessons

Time : 1 Hour

**Class -2 : SEMESTER - II Science**

Name : ..... Sec : ..... Roll No: .....

**A. Answer the following questions.**

**(3 x 2 = 6)**

1. What is our body made up of ?
2. Name the elements related to Earth's crust.
3. Name three protective foods.

**B. Answer in one word each.**

**(2 x 1 = 2)**

1. What protects us from diseases ?
2. What gives shape and support to our body ?

**C. Fill in the blanks with suitable words given below.**

**(4 x 1 = 4)**

energy giving    lunch    Protective    cover

1. \_\_\_\_\_ food protects us from diseases.
2. Potato is an \_\_\_\_\_ food.
3. We should \_\_\_\_\_ our food.
4. We should eat our \_\_\_\_\_ at a proper and fixed time.

**D. Write 'T' for true and 'F' for false statements.**

**(4 x 1 = 4)**

1. Meat and fish are body -building foods.
2. Marble is very soft rock.
3. Bones are attached to muscles.
4. We should bend our head while walking.

Note : Cut along with the marking to avoid uneven cutting or torn.



**E. Tick ( ✓ ) the correct answers.**

**(5 x 1 = 5)**

1. We must do exercise and play games to keep \_\_\_\_\_ fit.  
(a) legs  (b) bones   
(c) our muscles  (d) all of these
2. Granite is used for making \_\_\_\_\_  
(a) roofs  (b) walls   
(c) floor tiles  (d) all of these
3. Water helps us to stay \_\_\_\_\_  
(a) healthy  (b) weak   
(c) ill  (d) smart
4. We should avoid eating \_\_\_\_\_  
(a) junk food  (b) fresh food   
(c) energy giving food  (d) salad
5. Make sure the food is \_\_\_\_\_  
(a) half-cooked  (b) over cooked   
(c) well cooked  (d) raw

**F. Match the following columns.**

**(4 x 1 = 4)**

**Column - A**

**Column - B**

- |                                 |                     |
|---------------------------------|---------------------|
| 1. Peas, beans, fish, egg, milk | (a) fats            |
| 2. Bread, rice, sugar, sweets   | (b) protective food |
| 3. Fruits and vegetables        | (c) food for energy |
| 4. Oil, ghee, butter and cheese | (d) food for growth |

