

C - 16
Lotus
SEMESTERS

FORMATIVE ASSESSMENT - IV
Lotus Rainbow SEMESTER BOOK

Syllabus:
(Lessons : 4 – 6)
Pg. No.s: 112 – 128

Class - 1:: SCIENCE : SEMESTER - II

Time : 1 Hour

Max. Marks : 25

25

Name :

Class :

Section :

Roll No.

A. Short Answer Type Questions.

[2 x 2 = 4 M]

1. Name some energy giving food.

2. Why do we need to sleep ?

B. Very Short Answer Type Questions.

[2 x 1 = 2 M]

1. Which food items are the rich source of minerals and vitamins ?

2. What is the function of ears ?

C. Fill in the blanks with the help of words given in the box.

[4 x 1 = 4 M]

fit vegetables eat and chew rest

1. We need to take _____ after playing.

2. Exercise keeps our body _____ and healthy.

3. We should eat fresh _____ to stay healthy.

4. We should _____ our food slowly.

D. Write 'T' for true and 'F' for false statements.

[3 x 1 = 3 M]

- 1. We can taste ice-cream by using our tongue.
- 2. We should not put on clean clothes.
- 3. We should always eat fresh and well cooked food.

E. Tick (✓) the correct answers.

[3 x 1 = 3 M]

- 1. Which one of the following is a protective - food ?
 - a) bread
 - b) fish
 - c) fruit
 - d) pulses
- 2. Which one of these keeps us clean and germ free ?
 - a) brushing
 - b) bathing
 - c) sleeping
 - d) walking
- 3. How many bones has our body ?
 - a) 200
 - b) 208
 - c) 206
 - d) 210

F. Give two examples of each one of the following.

[2 x 2 = 4 M]

- 1. Protective - food :

- 2. Energy - giving food :

G. Match the following.

[5 x 1 = 5 M]

- | A | B |
|-----------|-------|
| 1. nose | taste |
| 2. eyes | smell |
| 3. tongue | feel |
| 4. ears | see |
| 5. skin | hear |

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